



The Jefferson Health Plan EAP – Quick Facts Sheet

Program Name: **The Jefferson Health Plan EAP**
Toll-Free Number: **877-233-0976**
EAP Website: www.achievesolutions.net/JHP

Eligibility:

Plan participants enrolled under the member organization's Jefferson Health Plan coverage, including employees, spouses & dependents are eligible for the benefits offered through the EAP Program. In addition, any other household members of a JHP covered employee may use the EAP. Employees of JHP member organizations who are not covered by the Jefferson Health Plan are also eligible.

EAP Counseling:

5 face-to-face visits per problem, per benefit year

Legal & Financial Benefit:

A free 30 or 60-minute consultation per problem can be accessed through the toll-free number. Free consultation based on requested service. Additional services beyond the initial consultation are available at a discounted rate. Self-serve tools for building standard legal documents, relevant articles and other resources are available on the EAP website.

Work-Life Balance Benefit:

Assistance is available for locating and connecting with referral services for such Work-Life Balance challenges as childcare, eldercare and concierge assistance with daily living needs; e.g., planning special occasions and travel, locating reliable skilled tradesmen to address home and household needs, help with unexpected personal / family events, etc.. Related information and resource locator tools are available on the EAP website.

Management Consultations:

Consultation on workplace, employee and team issues, including planning for a referral of an employee to the EAP, can be accessed through the toll-free number. This assistance is not limited in occurrence.

Management Referrals:

Assistance with planning for and implementing formal referrals related to job performance and/or job jeopardy is available through the toll-free number.

Crisis Incident Debriefing:

Onsite services are available on a per-hour, Fee-for-Service basis. Call the toll-free number to make arrangements.

Orientation & Training:

Orientation and Training are available on a per-hour, Fee-for-Service basis. Call the toll-free number to make arrangements.

